

June 2024

PRIDE MONTH

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Each month we spotlight a different aspect of mental health.

This June, we celebrate Pride.

Celebrate the Freedom of Love with us.

LBGTQ+ Advocacy Organizations:

GLAAD: Advocacy and resources for LGBTQ+ media representation. <u>glaad.org</u>

Human Rights Campaign (HRC): Advocacy and educational resources on LGBTQ+ rights. <u>hrc.org</u>

PFLAG: Support and advocacy for LGBTQ+ individuals and their families. <u>pflag.org</u>

Support Groups:

Alexandria LGBTQ+ Task Force - Erika.Kleiner@alexandriava.gov

Parents of LGBTQ+ Youth Group - vaparentsofLGBTQyouth@gmail.com

Events:

We will have a table at **Alexandria Pride 2024** on June 1st, 3-6 pm.
Celebrate Alexandria Pride with us at Alexandria City Hall!

As always, we are a resource to assist and support you in any way possible. We are here to help you grow. All are welcome here.

Rooted at the river. A place to grow. A place to heal.

